



## **ProFouND: Prevention of Falls Network for Dissemination**

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### **DELIVERABLE D 2.1**

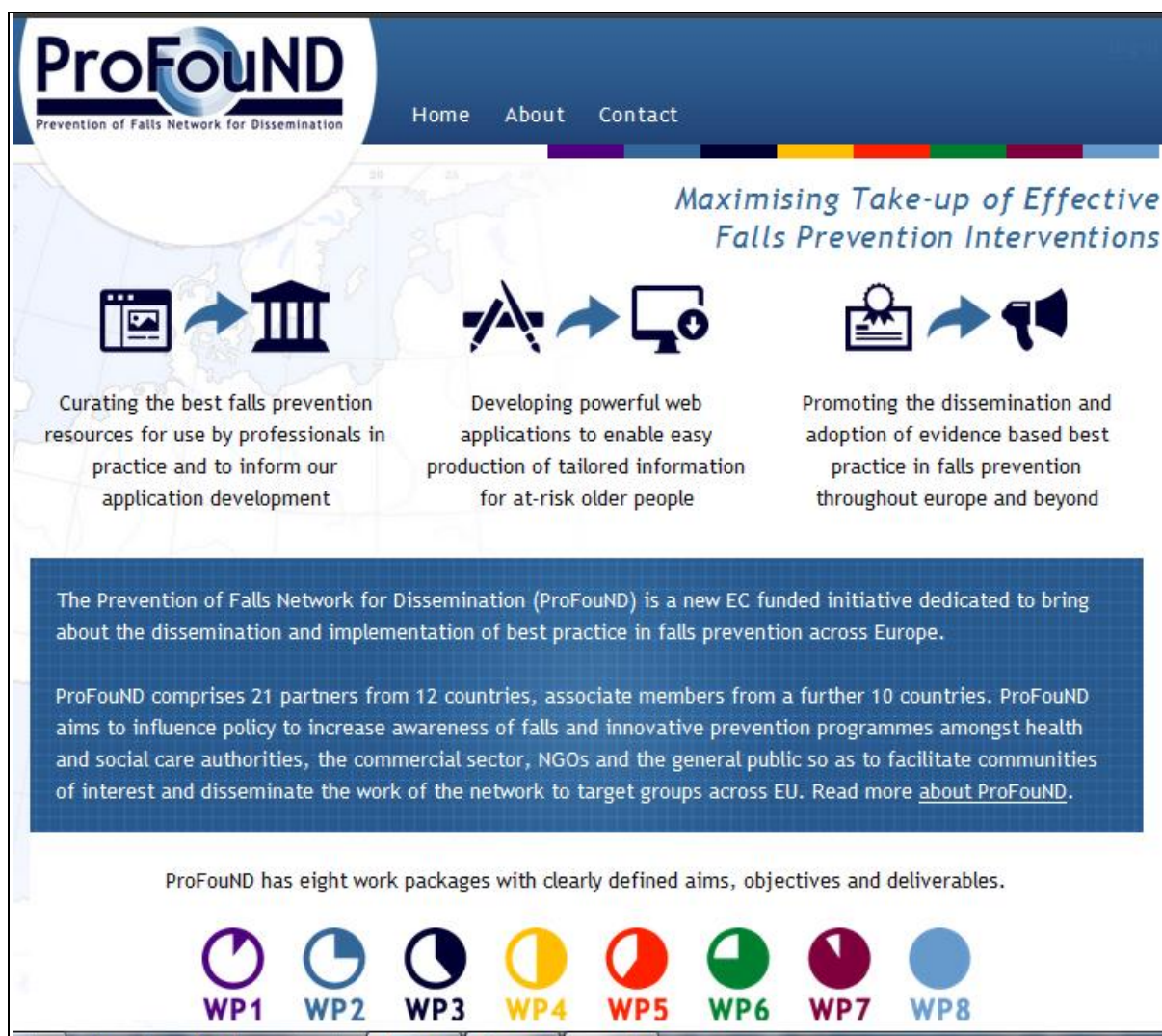
#### **ProFouND Website Online (Report)**

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The first version of the ProFouND Website is now available online at [www.profound.eu.com](http://www.profound.eu.com). The website has sections covering the funding, aims and objectives of ProFouND, the work packages and partners that make up ProFouND and a contact page. There is a sign up to join the ProFouND mailing list. The website will of course evolve over the period of the project.

### Home Page:



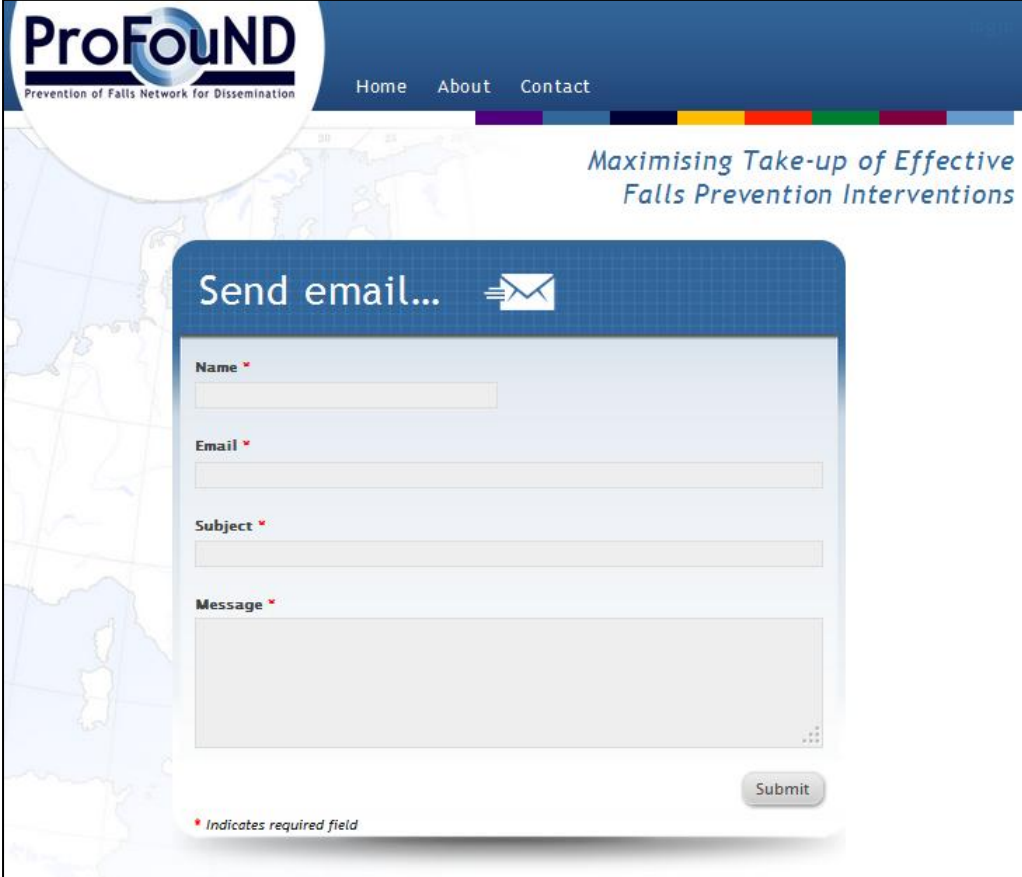
Each link to the work packages (WPs) leads to a separate page on each of the WPs. The colours of these links are associated with the coloured boxes in the top right under the Menu.

The About link leads to a general page about ProFouND and links to a general page on the WPs and also a link to a page giving further information on each partner. The ProFouND Flyer can be found on this page.

The Contact link leads to a basic contact form that comes to the Web Developer Steve Richardson, who will disseminate to appropriate WP leads or partners.

The rest of this document comprises screen shots of various pages of the website as it exists on 12/05/2013. We strongly recommend that this report is considered simply as a introduction to the website and that the website is visited for a more comprehensive view of the work.

## Contact Page:




The contact form is titled "Send email..." and features a blue header with the ProFouND logo and navigation links for Home, About, and Contact. The form includes input fields for Name, Email, Subject, and a large text area for the Message. A "Submit" button is located at the bottom right. A small red asterisk indicates required fields. The background of the page shows a map of Europe.

**ProFouND**  
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Home About Contact

*Maximising Take-up of Effective Falls Prevention Interventions*

**Send email...** 

**Name \***

**Email \***

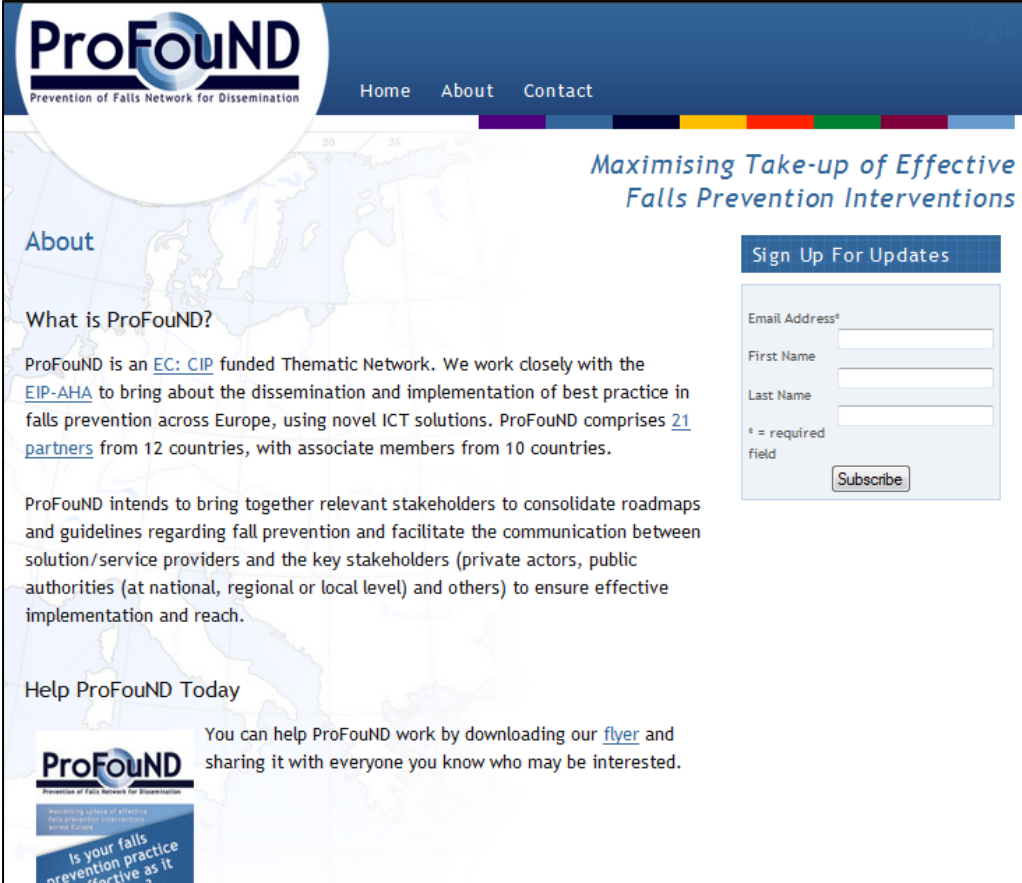
**Subject \***

**Message \***

Submit

\* Indicates required field

## About Us Page



The About Us page features the ProFouND logo and navigation links for Home, About, and Contact. The main heading is "About". The text describes ProFouND as an EC: CIP funded Thematic Network working with EIP-AHA to disseminate best practice in falls prevention across Europe. It mentions 21 partners from 12 countries and associate members from 10 countries. The page also includes a "Sign Up For Updates" form with fields for Email Address, First Name, and Last Name, and a "Subscribe" button. A small inset image shows a flyer titled "Is your falls prevention practice as effective as it could be?".

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Home About Contact

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**About**

**What is ProFouND?**

ProFouND is an [EC: CIP](#) funded Thematic Network. We work closely with the [EIP-AHA](#) to bring about the dissemination and implementation of best practice in falls prevention across Europe, using novel ICT solutions. ProFouND comprises [21 partners](#) from 12 countries, with associate members from 10 countries.

ProFouND intends to bring together relevant stakeholders to consolidate roadmaps and guidelines regarding fall prevention and facilitate the communication between solution/service providers and the key stakeholders (private actors, public authorities (at national, regional or local level) and others) to ensure effective implementation and reach.

**Help ProFouND Today**

You can help ProFouND work by downloading our [flyer](#) and sharing it with everyone you know who may be interested.

**Sign Up For Updates**

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First Name

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Subscribe

**ProFouND**  
Prevention of Falls Network for Dissemination

Assessing uptake of effective falls prevention interventions across Europe

**Is your falls prevention practice as effective as it could be?**

## Partner Page:



Prevention of Falls Network for Dissemination

[Home](#)
[About](#)
[Contact](#)



### Maximising Take-up of Effective Falls Prevention Interventions

#### Partners

ProFouND comprises 21 partners from 12 countries, with associate members from 10 countries. The ProFouND consortium comprises 21 partners from more than 17 regions (12 countries) in 10 EU member states, one associated country and one eligible non-member state. In addition, 20 associate members from 10 countries have undertaken to contribute to the work of ProFouND.



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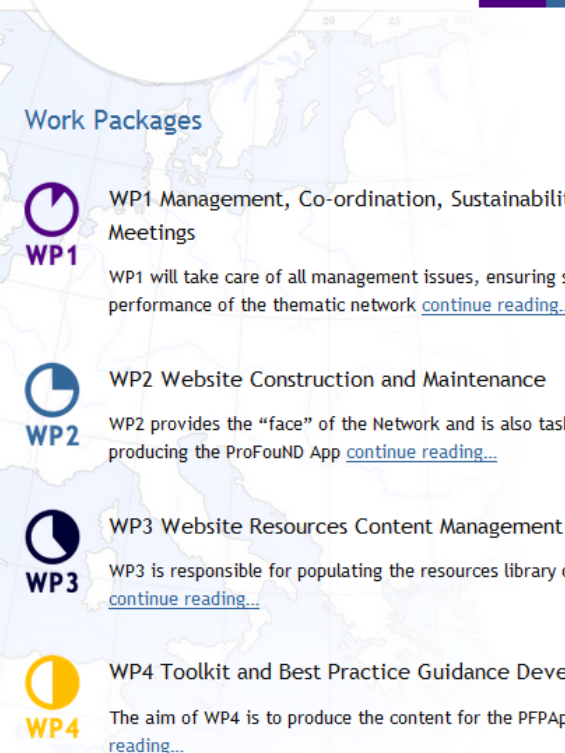
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## Work Packages Page




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[Home](#)
[About](#)
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### Maximising Take-up of Effective Falls Prevention Interventions

#### Work Packages




**WP1** Management, Co-ordination, Sustainability, and Meetings

WP1 will take care of all management issues, ensuring smooth performance of the thematic network [continue reading...](#)




**WP2** Website Construction and Maintenance

WP2 provides the “face” of the Network and is also tasked with producing the ProFouND App [continue reading...](#)



**WP3** Website Resources Content Management

WP3 is responsible for populating the resources library on this website [continue reading...](#)



**WP4** Toolkit and Best Practice Guidance Development

The aim of WP4 is to produce the content for the PFPApp [continue reading...](#)

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## WP1 Page:

Home About Contact

### WP1 Management, Co-ordination, Sustainability, and Meetings

Work package 1 (WP1) is led by Professor Chris Todd at the University of Manchester, UK.



WP1 will take care of all management issues, ensuring smooth performance of the thematic network, communication with the EC and beyond to other stakeholders and interested parties, such as the [European Innovation Partnership on Active and Healthy Ageing \(EIP AHA\)](#) and other EC Thematic Networks and EC funded projects.

The main work of WP1 includes:

- coordination and monitoring of network activity,
- administrative and financial management of the project,
- reporting and management of the thematic network and of knowledge generated or synthesised by the project,
- conflict resolution and monitoring of quality and timing,
- management of contacts with EC and other EU bodies,
- implementation of EC contract and consortium agreement,

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## WP2 Page:

Home About Contact

### WP2 Website Construction and Maintenance

Work package 2 (WP2) is led by Professor Dawn Skelton at Glasgow Caledonian University, UK. The Website Manager and Developer is Steve Richardson.



WP2 provides the “face” of the Network and is also tasked with producing the ProFouND App - a user friendly interface for the creation of customised and tailored information for older people and providers of falls prevention services across Europe.

The main aims of the ProFouND website are to:

- provide the portal for sharing resources and innovation;
- allow secure data transfer and communication between stakeholder;
- provide a platform for discussion boards, crowdsourcing and distributed learning;
- provide a robust system of recording download data and engagement with areas of the site.

WP2 is made up of the team who created the ProFaNE (Prevention of Falls Network

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## WP3 Page:




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### Maximising Take-up of Effective Falls Prevention Interventions

#### WP3 Website Resources Content Management

Work package 3 (WP3) is led by Professor Jorunn Helbostad at the Norges Teknisk-Naturvitenskapelige Universitet (NTNU), Norway.



NTNU  
Norwegian University of Science and Technology

WP3 is responsible for populating the resources library on this website. As such the website content will be constantly updated and resources added by experts in the field, who themselves keep up to date with the evidence.

This work is related to, but separate from, the synthesis of evidence and construction of best practice guidance and toolkits undertaken by WP4.

WP4 is crowd-sourcing resources comprising items of diverse natures, and from different fields, from scientific evidence to implementation manuals, exemplars of good practice not exclusively from academic study and in different media formats.

Resource items will then be catalogued and made available via the website using a classification system devised for the purpose, to facilitate simple search and retrieval. This task is delegated across a number of partners, since people with different interests automatically follow different literatures, have citation alerts etc set up as part of their “day jobs” and could use this specialist interest efficiently to populate the resource, rather than having to employ one individual to

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## WP4 Page:




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### Maximising Take-up of Effective Falls Prevention Interventions

#### WP4 Toolkit and Best Practice Guidance Development

Work package 4 (WP4) is led by Professor Clemens Becker at the Robert Bosch Gesellschaft für medizinische Forschung, Germany.



R3K  
Robert-Bosch-Krankenhaus

The aim of WP4 is to produce the content for the [PFPAApp](#) and also to produce a series of best practice objects that allow providers of services to produce their own literature and manuals locally- to ensure their work in falls prevention is evidence based and up to date.

WP4 will construct a library of evidence based best practice objects for each domain of the customisation tool for the [PFPAApp](#), based on reviews of evidence. WP4 will also be responsible for ensuring these objects are available in the various languages used by partners and supported by the customisation engine.

This will be done by identifying a series of domains which will need to be populated on the basis of responses to questions about the capabilities and characteristics of (e.g.) the older person in question and other customisation parameters. Based on responses there will be heuristic generated outputs based on evidence syntheses provided in terms of “advice objects” for the specific output of an e-portfolio of intervention needs used in much the same way as “learning objects” are used for

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## WP5 Page:

Home About Contact

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#### WP5 Best Practice Exercise Regimen Network Development

Work package 5 (WP5) is led by Professor Dawn Skelton at Later Life Training, UK. The Senior tutor delivering cascade training is Bex Townley.

WP5 will deliver tutor training to 3-5 health and leisure professionals in at least 15 regions over the first 18 months of the project. Later Life Training (LLT) has successfully trained over 4000 instructors in the UK since 2003 and achieved exemplary reach to older people with a history of falls through their evidence based, nationally standardised and accredited training.

The Cascade Tutor (CT) training will involve first the qualification in both the four day [Otago Exercise Programme \(OEP\) Leaders Course](#) (Campbell et al. 1997, Dinan et al. 2012) and the one day [Motivate Me \(MMe\)](#) course which will give them skills to train the instructors in having conversations with older people about barriers to exercise and being active and about motivators that should enhance uptake and adherence to exercise to prevent falls. The CTs will also be given the skills to teach backward chaining (retraining getting down to and up off the floor) and the other necessary components of fitness necessary to meet International guidelines on physical activity for older people (warm up, endurance, flexibility and cool down) on


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## WP6 Page:

Home About Contact

### Maximising Take-up of Effective Falls Prevention Interventions

#### WP6 Falls Data Definitions, Measurement and Harmonisation

Work package 6 (WP6) is led by Professor Chris Todd at the University of Manchester, UK.

The objective of WP6 is to create and implement systematic and comparable data collection systems which can provide objective measures of the impact and return on investment from prevention measures.

This will require:

- Agreement of core standardised data set (including liaison with [EIP-AHA Action Group A2](#));
- Development of methods to collect standard and comparable data on falls, injuries, service provision and costs, and if possible quality of life parameters from existing routine administrative data held in participating regions/countries;
- Development of methods to collect bespoke data on variables of interest in participating regions/countries (e.g. falls incidence in different settings, institutions, community etc, QoL data, service and social costs);

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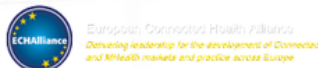
## WP7 Page:

[Home](#) [About](#) [Contact](#)

### Maximising Take-up of Effective Falls Prevention Interventions

#### WP7 ICT and Technology for Falls Forum

Work package 7 (WP7) is led by **Damian O'Connor** at the **European Connected Health Alliance, UK**. **Carmel Dickinson, Brian O'Connor** and **Chris Taylor** support the WP.



WP7 focuses on the need to transform the quality and effectiveness of interventions for falls, including risk identification, fall detection, and promotion of complex interventions through the application of ICT-based assistive technology which can make an important contribution to the prevention and monitoring of falls in institutions and at home.

WP7 will facilitate and enable deployment of ICT and innovative solutions for falls detection, monitoring and prevention to support active and healthy ageing including but not limited to:

- early monitoring, fall detection and interventions aimed at supporting people in their own homes and preventing avoidable injuries, hospital admission and re-admission;
- novel motion and activity sensing systems to identify deteriorating gait, balance and stability;

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## WP8 Page:

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### Maximising Take-up of Effective Falls Prevention Interventions

#### WP8 National and Regional Uptake, Implementation and Dissemination

Work package 8 (WP8) is led by Dr **Wim Rogmans** at **EuroSafe, The Netherlands**.



WP8 aims to help partners implement their action plans and support them in developing innovative fall prevention strategies in countries in Europe - by increasing awareness of the issue and promoting uptake of proven prevention strategies by government, industry, professionals and organisations in areas that relate to health of older adults and fall-prevention in particular.

This will be done by building a network of committed governmental, quasi-governmental, NGOs and other stakeholders to support and promote the work of ProFouND, both across Europe and within each participating region/country and in due course beyond the original participants.

WP8 will promote awareness campaigns to reach beyond health and social care professions, and heighten awareness of the preventability of falls and the potential role of novel technologies in their prevention as well as the availability of evidence based interventions.

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Finally, the website has a documented Privacy Policy and Terms and Conditions for its use.

The screenshot shows the ProFouND website. The header features the ProFouND logo with the tagline 'Prevention of Falls Network for Dissemination' and navigation links for Home, About, and Contact. A colorful bar is positioned below the navigation links. The main content area has a light blue background with a faint world map. On the left, the 'Terms and Conditions' section explains that the website is subject to the same laws and regulations as other organizations and provides links to the 'ProFouND Website Terms and Conditions of Use' and the 'ProFouND Privacy Policy Notice'. On the right, there is a 'Sign Up For Updates' form with fields for Email Address\*, First Name, and Last Name, a legend indicating that '\*' denotes a required field, and a 'Subscribe' button. The footer contains contact information for ProFouND at the University of Manchester, the EC ICT PSP Grant Agreement number 325087, and links to the Terms and Conditions, Privacy Policy, and Contact pages.

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### Terms and Conditions

The ProFouND Website is subject to the same laws and regulations as other organisations and we are obliged to provide a formal notification of our terms and conditions of use. You may download the [ProFouND Website Terms and Conditions of Use](#) and the [ProFouND Privacy Policy Notice](#) for your reference. Use of this website means that you accept these unconditionally.

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University Place,  
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Great Britain

EC ICT PSP Grant Agreement 325087

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Due to delays in contracts and signing of consortium agreements because of EC requested changes in DoW etc, our web developer, Steve Richardson, has produced this initial version of the website. The secure areas of the website for partners, partner mailing lists and discussion boards will be set up as soon as contracts are in place.