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# LLT Webinar

Title: Return on Investment - FaME (PSI) and Otago - Cost Effective Interventions for Falls

Wed 25th April 3-4pm with Dawn Skelton

The aim of this webinar is to give an overview of the FaME and Otago Structured Exercise Falls Prevention Interventions. These two evidence-based programmes have been highlighted in the Public Health England (PHE) Consensus Statement on Falls and Fractures and in the PHE Return on Investment Tool as cost-effective. The importance of fidelity to the original interventions for effective reduction in falls (as opposed to reductions in potential risk with improvements in strength and balance) will be covered. The key elements of these interventions, which lead to effectiveness, will be discussed, as will the implications of cutting corners.

**AUDIENCE:** This webinar is aimed to inform commissioners of falls/frailty services and those working as exercise instructors within these services (PSIs/Otago Leaders). For more information about key outcomes and how to access this webinar go to:

<https://www.laterlifetraining.co.uk/webinars/return-on-investment-fame-psi-and-otago-cost-effective-interventions-for-falls/>