



ProFouND: Prevention of Falls Network for Dissemination

DELIVERABLE D 3.2

CROWD SOURCING QUADRUPLED

Document Type:	Deliverable
Dissemination Level:	PU (public)
Editor:	WP3
Document state:	Final
Document version:	1.1
Contributing Partners:	NTNU, UMAN
Contributing WPs:	WP3, WP2, WP4
Estimated P/M (if applicable):	4.85
Date of Completion:	23/06/2015
Date of Delivery to EC:	23/06/2015
Number of Pages:	26

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1. Description of deliverable and tasks for WP3

The ProFouND website aims to become a resource for the community of falls prevention practitioners and the community of technology developers and manufacturers. It will provide a “one stop shop” for people looking for information about the domains related to falls prevention and ICT.

WP3 is responsible for the resources content management of the website. The overall objective for WP3 is to provide the technical content for the ProFouND website resources library. Each member of the crowd will source and catalogue resources and add them to the resources library, by use of the protocol/content classification scheme developed through the project.

WP3 will provide technical content of the ProFouND website resource library by

- Co-ordinate crowdsourcing of content
- Define architecture of categorisation schemes
- Moderate content input

The deliverable for WP3 month 30 was the following:

D3.2, month 30:

Crowd sourcing quadrupled: Quadruple number of people trained for crowd sourcing to 60.

WP3 has performed and completed the following tasks the last twenty six months (M5-30):

Task 3.3

Recruit and train the “crowd” who will populate the resource library, and give them levels of access to the library dependent on expertise and need for moderation. Set up required alerts and RSS feeds etc, classify and populate initial library. Set up system to identify and handle duplicates (for example using DOIs, ISRCTNs, or patent numbers from e.g. Derwent Innovation Index as unique checkable referent)

This report includes description of the work with Task 3.3, where the crowd has been recruited and trained for crowd sourcing.

2. Crowd sourcing quadrupled

The work with recruiting and training the crowd has been carried out by WP3, led by NTNU, in close collaboration with WP2 and WP4.

How the crowd has been recruited and trained is as follows.

2.1 Recruiting the crowd

We have reached our goal concerning the crowd sourcing, with 60 people introduced and trained on how to identify and describe resources for the website.

After recruiting the first 13 associate partners for crowd sourcing by the end of Month 12, we have done the following to quadruple the number for crowd sourcing:

At the ProFouND meeting in Vilanova, Spain (12.03.2014) we held a workshop for all partners in order to recruit and train the members for crowd sourcing (See Appendix 1 for workshop slides). 30 partners from across the consortium attended the workshop focusing on how to add and describe resources for the website. As a result of this workshop, 13 partners were then recruited for crowd sourcing, representing partners from England, Italy, Spain, Sweden, The Netherlands, Germany, Greece and Norway.

At the EU Falls Festival in Stuttgart, Germany, in March 2015 we continued this recruitment, presenting the resource areas of the website at the ProFouND partnership meeting and encouraging consortium members to take an active role in finding best practice resources in their language. We also had an open ProFouND workshop at the EU Falls Festival where interested persons attending the festival were given information about how to become active members of the crowd aiming to populate the website with best practice resources. Six new partners from Hungary, Romania, Finland, Belgium and Germany were recruited for crowd sourcing. 30 delegates took part in the workshop (See Appendix 2 for workshop slides). The total number of participants at the EU Falls Festival was 220.

Recruiting for crowd-sourcing has also been performed through partners giving talks on falls prevention in their home countries.

In addition to this, we have sent out information about crowd sourcing to the ProFouND ESA-on falls groups who are directly involved in WP8 activities in order to try and expand the crowd and encourage the sharing and uploading of best practice resources from EU level stakeholder groups.

2.2 Training the crowd

We have trained the crowd and given members different access to handling the resources on the website. We have also encouraged people to send information via e-mail, for us to upload on their behalf.

An important task for the crowd is to identify relevant resources and suggest ways to describe each of them. Most of the resources have been sent to WP3 by e-mail, and after making a suggestion for how they can appear on the website the respective crowd member who provided the link or the resource is given the opportunity to add or change the description etc., prior to making the resource available online. For non-English resources, the crowd member has been responsible for checking quality of the resource through a close dialog with WP3 members. Partners who have contributed to this work are experts in their field, ensuring that only best practice resources have been identified and that the descriptions on the website are exact and informative so readers know why it is part of the ProFouND resource library.

A further layer of copyright protection has also been introduced to ensure when crowd members are uploading resources a pop-up box appears which asks them to confirm no intellectual property laws or personal rights are breached and that consent has been given by the author. The statement reads:

'By uploading this file you confirm that it contains no material protected by Intellectual Property laws or personal rights unless you own or control such rights or have received the necessary consents'.

2.3 Crowd involvement

We have encouraged partners to send resources, both those that are approved and resources that could be relevant for ProFouND.

We have added resources that have been identified, described and tagged by partners, and we have sent the suggestion for how the resource will appear on the website back to the partner for approval.

We have also sent resources identified that could be relevant for ProFouND to respective partners for approval (depending on language of the resource) prior to being added and available.

Some people from the crowd have also uploaded resources on the website themselves. The resources are not published until WP3 has checked the resource. Communication has been initiated with people from the crowd when there have been uncertainties with regards copyright or whether the resource represent state of the art knowledge.

2.4 Handling of duplicates

We now have more than 300 resources on the ProFouND website. After revising the content classification scheme by introducing seven categories (reported in D3.3), it has been easier to get access of the resources and also to know what is on the website. Duplicates are handled manually through the revised classification scheme. Handling of duplicates is managed by the people who upload resources, but is also checked by WP3 before being published.

Appendix 1 Crowd Sourcing Workshop Vila Nova 12th March 2014

PLEASE NOTE - Original Website managed by GCU not current version



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CROWD SOURCING

workshop 12th March




ProFouND
Prevention of Falls Network for Dissemination

<http://profound.eu.com/>











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AIM

Train you for crowd sourcing:

- 1) Categorize and describe resources
- 2) How to approve resources?
- 3) Identify moderators (contact persons)









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Relevance?

- Interesting for the APP
- Relevant for the APP
- In-depth information
- Interesting resource (risk factors etc)

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Two methods available:


- ONLINE
 - «add-a-resource»
- OFFLINE
 - sending an e-mail

ProFouND
Partnership of FORTH research for Dissemination



[Home](#)
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[Resources](#)
[Members](#)
[EC Stakeholders](#)
[Contact](#)


Maximising Take-up of Effective Falls Prevention Interventions



Curating the best falls prevention resources for use by professionals in practice and to inform our application development



Developing powerful web applications to enable easy production of tailored information for at-risk older people



Promoting the dissemination and adoption of evidence based best practice in falls prevention throughout Europe and beyond

The Prevention of Falls Network for Dissemination (ProFoUND) is a novel EC funded initiative dedicated to bring about the dissemination and implementation of best practice in falls prevention across Europe. ProFoUND comprises 21 partners from 12 countries and associate members from a further 10 countries. ProFoUND aims to influence policy to increase awareness of falls and innovative prevention programmes amongst health and social care authorities, the commercial sector, NGOs and the general public so as to facilitate communities of interest and disseminate the work of the network to target groups across EU. Read more about ProFoUND.

ProFoUND has eight work packages with clearly defined aims, objectives and deliverables.

WP1

WP2

WP3

WP4

WP5

WP6

WP7

WP8

ProFOUND

Prevention of Falls Network for Dissemination

Secure Area

Add Resource

Account Settings

Your Profile

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Curating the best falls prevention resources for use by professionals in practice and to inform our application development

Developing powerful web applications to enable easy production of tailored information for at-risk older people

Promoting the dissemination and adoption of evidence based best practice in falls prevention throughout Europe and beyond

The Prevention of Falls Network for Dissemination (ProFOUND) is a new EC funded initiative dedicated to bring about the dissemination and implementation of best practice in falls prevention across Europe. ProFOUND comprises 21 partners from 12 countries and associate members from a further 10 countries. ProFOUND aims to influence policy to increase awareness of falls and innovative prevention programmes amongst health and social care authorities, the commercial sector, NGOs and the general public so as to facilitate communities of interest and disseminate the work of the network to target groups across EU. Read more about ProFOUND.

ProFOUND has eight work packages with clearly defined aims, objectives and deliverables.

WP1

WP2

WP3

WP4

WP5

WP6

WP7

WP8

DESCRIPTION OF RESOURCE FOR THE PROFOUND WEBSITE

Reference of resource

Should this resource be approved by ProFOUND?

Title

Description

Resource URL (URL)

Tags (Note that you can use more than one tag for each category)

Language of resource

Healthcare setting

Resource type

Year of creation

Year of modification

Category

Content person for this resource

If you have rights that should be uploaded together with this resource in addition to describing the provider of the resource in the form, please do so in more detail in the tag after entering the description, or describe in the text that we should use the a provided tag.

Do you want us to upload a tag for this provider of the resource?

If the resource not available online (URL) but others it is ok to upload a pdf on the website, please send the resource by mail and we will upload it along with your description.

Notes

Address of resources to WP8:

vic@n.terapias@vodafone.es

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Curating the best falls prevention resources for use by professionals in practice and to inform our application development

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WP1

WP2

WP3

WP4

WP5

WP6

WP7

WP8

Add a Resource

Title *

Description *

Visual

Text

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Add a full description of the resource. Make sure to include a URL link.

8

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Prevention of Falls Network for Europe

Secure Area | Add Resource | Account Settings | Your Profile | Log out

Home | About | Resources | Members | EC Stakeholders | Contact

Maximising Take-up of Effective Falls Prevention Interventions

Add a Resource

Resource Relevance *

- ☐ Candidate Resource
- ☐ Complimentary Resource
- ☐ Contributory Resource
- ☐ Interesting Resource
- ☐ Unrelated Resource

Please select one option from the list above.

→ Description of relevance

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Add a Resource

1) Language *

<input type="radio"/> Dutch	<input type="radio"/> English
<input type="radio"/> Finnish	<input type="radio"/> French
<input type="radio"/> German	<input type="radio"/> Greek
<input type="radio"/> Hungarian	<input type="radio"/> Italian
<input type="radio"/> Norwegian	<input type="radio"/> Polish
<input type="radio"/> Spanish	<input type="radio"/> Swedish
<input type="radio"/> Turkish	

Select the language of the resource

Five compulsory tags (can use more than one tag)

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Add a Resource

2) Organisation / Setting *

<input type="checkbox"/> Care homes	<input type="checkbox"/> Community dwellers
<input type="checkbox"/> Government	<input type="checkbox"/> Health administration
<input type="checkbox"/> Health authorities	<input type="checkbox"/> Hospital
<input type="checkbox"/> Housing corporations	<input type="checkbox"/> Insurance agencies
<input type="checkbox"/> Non-governmental organisations	<input type="checkbox"/> Older persons
<input type="checkbox"/> Primary health care systems	<input type="checkbox"/> Profit organisations
<input type="checkbox"/> Senior citizen organisations	

Select all relevant options.

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Maximising Take-up of Effective Falls Prevention Interventions

Add a Resource

3) **Profession / Interest ***

<input type="checkbox"/> Caregivers	<input type="checkbox"/> Fitness leaders
<input type="checkbox"/> Geriatricians	<input type="checkbox"/> GP
<input type="checkbox"/> Multidisciplinary team	<input type="checkbox"/> Non-specific
<input type="checkbox"/> Nurses	<input type="checkbox"/> Occupational therapist
<input type="checkbox"/> Physiotherapist	<input type="checkbox"/> Podiatrists/Chiropodists
<input type="checkbox"/> Psychologists	

Select all relevant options.

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Add a Resource

4) **Resource Type ***

<input type="checkbox"/> Aids	<input type="checkbox"/> Assessment tool
<input type="checkbox"/> Blog	<input type="checkbox"/> Book
<input type="checkbox"/> Case study	<input type="checkbox"/> Guidelines
<input type="checkbox"/> Implementation	<input type="checkbox"/> Leaflet
<input type="checkbox"/> Online learning	<input type="checkbox"/> Podcasts
<input type="checkbox"/> Presentation	<input type="checkbox"/> Research
<input type="checkbox"/> Technology	<input type="checkbox"/> Video Clip

Select all relevant options.

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Add a Resource

5) **Intervention Type ***




<input type="checkbox"/> Awareness	<input type="checkbox"/> Case finding
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Education
<input type="checkbox"/> Environmental	<input type="checkbox"/> Exercise
<input type="checkbox"/> Games	<input type="checkbox"/> Hearing
<input type="checkbox"/> Housing Construction	<input type="checkbox"/> Incontinence
<input type="checkbox"/> Medications	<input type="checkbox"/> No intervention
<input type="checkbox"/> Nutrition	<input type="checkbox"/> Physical activity
<input type="checkbox"/> Psychological	<input type="checkbox"/> Restraints
<input type="checkbox"/> Risk assessment	<input type="checkbox"/> Surgery
<input type="checkbox"/> Vision	<input type="checkbox"/> Vitamins/Calcium


Select all relevant options.



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How to approve resources?








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APPROVED RESOURCES

- Updated/current
- Evidence based
- Well written/provided
- Checked and approved by an expert in the field





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Home About Resources Members EC Stakeholders Contact

Maximising Take-up of Effective Falls Prevention Interventions

Otago Home Exercise Programme Booklet for Older People (Norwegian)
by KRISTIN TARALDSEN on JANUARY 8, 2014

The non-regian translation of the Otago Exercise Program: individualized, progressive home exercise programme, focusing on resistance and balance training, demonstrated to be effective in reducing falls in older home-dwelling adults. This leaflet was produced by Later Life Training and translated into Norwegian by Kristin Taraldsen, Per Bendik Ylfe and Mona Kristin Aasland, NTNU.

Exercise programme components

- Balance
- Muscle strength

Download the exercise program here: Otago Exercise





This resource has been evaluated by qualified healthcare professionals and is declared as approved by ProFound.

Help ProFound Today

You can help ProFound work by downloading our flyer and sharing it with everyone you know who may be interested.



Approved





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Identify moderators ☺

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Moderators

Contact persons (all languages)

- Give feedback
- Identify resources
- Upload resources
- Check and approve resources
- Check for duplicates

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Checklist

- Title (including language)
- Description
 - Content: leaflet, paper, guideline etc
 - FOR whom? /Setting
 - Provided by
 - Evidence?
- Tags
- LINK (URL) / or pdf that can be uploaded

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WP3 contact information



Jorunn.Helbostad@ntnu.no



Kristin.Taraldsen@ntnu.no



ProFouND
Prevention of Falls Network for Documentation



Website
workshop 24th March



<http://profound.eu.com/>



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AIM

Resources on the website:

- 1) Identify best practice resources
- 2) Categorize and describe resources
- 3) Make them available for downloads



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Relevance?

- Interesting for the APP
- Relevant for the APP
- In-depth information
- Interesting resource (risk factors etc)



Relevance	Description (when to use)
Candidate resource	Interesting resource that should be evaluated for relevance for the app Resource with a potential for someone using the App to print out for an older person
Complimentary resource	In-depth info (reviews/guidelines/best practice etc) - but also leaflets for older people that the professional may print out after using the App
Contributory resource	Leaflets on fall prevention for older persons containing best practice information - may be used for App but also potentially for other best practice information on the website
Interesting resource	Manuals describing risk factors for falls and other information that is relevant to older people and independent living but not directly linked to the app or advice on the website - eg. MCI/SCPE/6, nutrition but not specific falls information

Science and Technology



March 17, 2015
Log In

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A+ A A-

ABOUT THE PROJECT RESOURCES FORUM EC FUNDED FALLS PROJECTS STAKEHOLDERS PROFOUND TRAINING CONTACT SECURE AREA

GUIDELINES
ian Community Care
How to Guide: Reducing Harm from Falls (English)
Guidance for exercise in older people at risk of falls (Wales)
Adaptation of jc

EU Falls Festival
Stuttgart, Germany, 24th-25th March 2015
A few places left for the EU Falls Festival taking place on 24-25 March 2015, Stuttgart, DE.

Upcoming Events
EU Falls Festival, Stuttgart, DE
Mar 24 - 25
BRS Training Course: Osteoporosis & Other Metabolic Bone Diseases, Oxford, UK
Apr 13 - 15
IAGG-ER 2015 - 8th Congress, Dublin, IE
Apr 23 9:00 am - Apr 26 5:00 pm
ICT4AgeingWell, Lisbon, PT
May 20 - 22

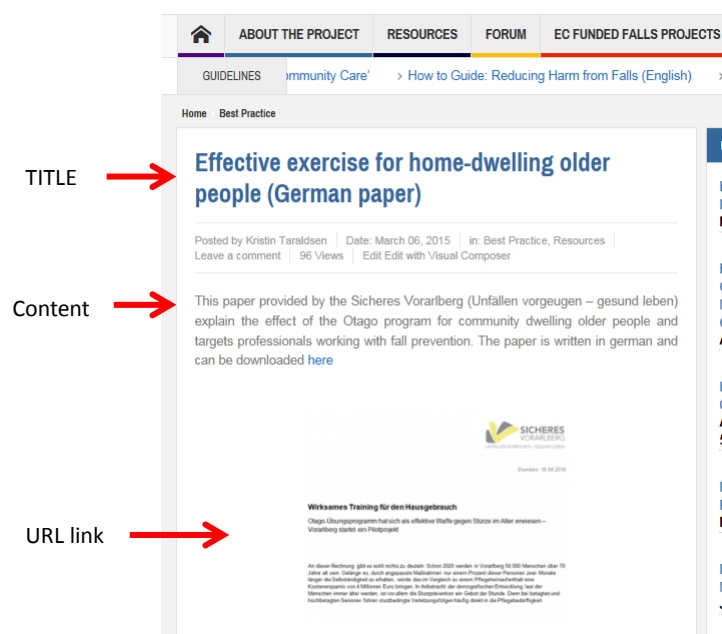
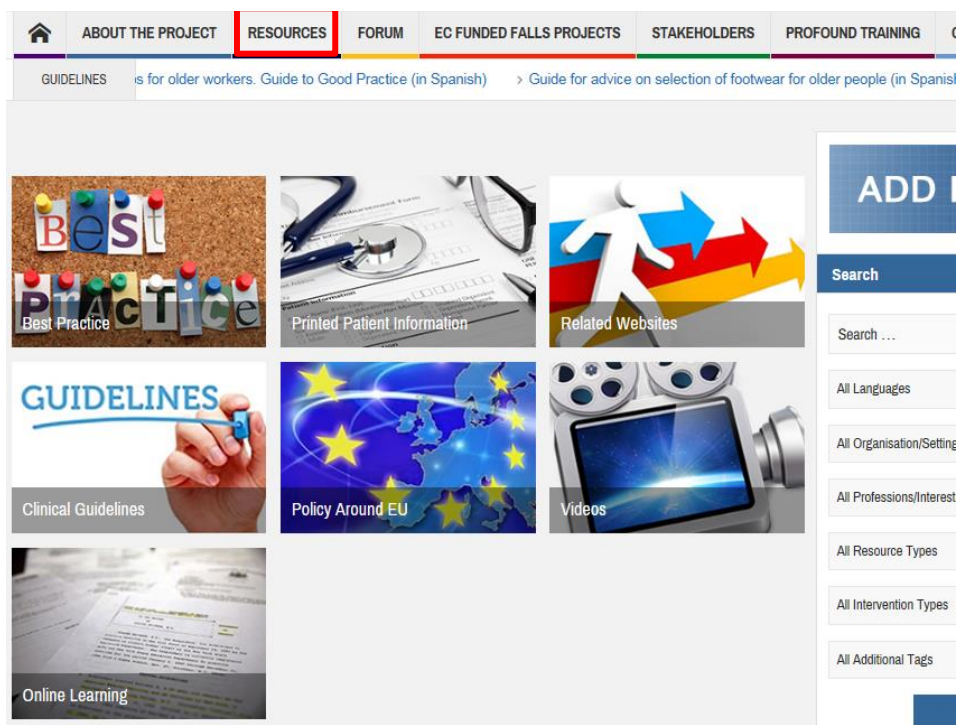
CLICK HERE to Join ProFound Today

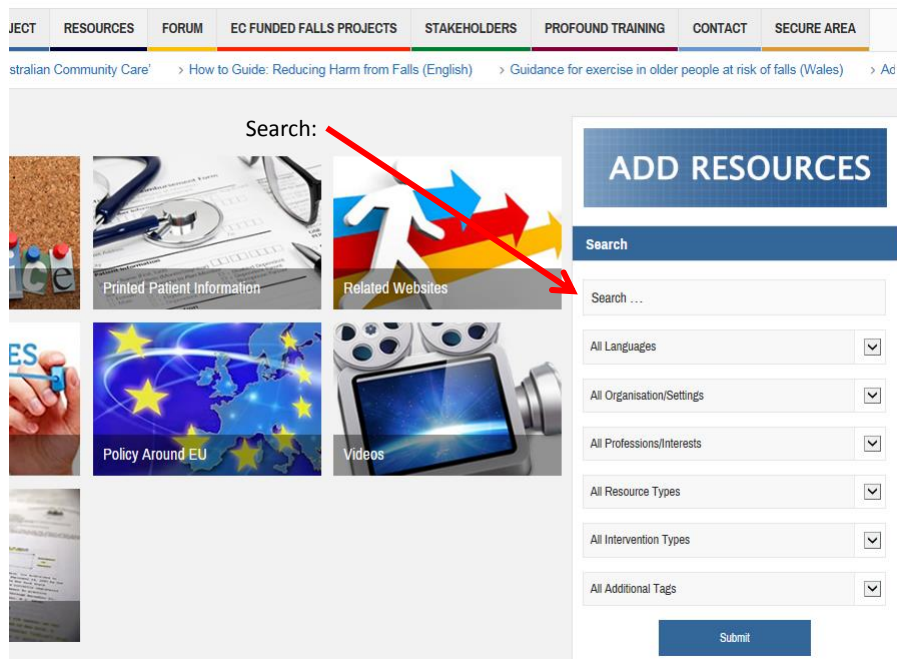
March 2015

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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Profound Factsheets

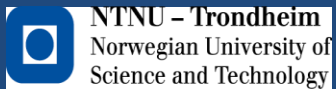
The Prevention of Falls Network for Dissemination (ProFound) is an EC





Two methods available:

- ONLINE
 - «add resources»
- OFFLINE
 - sending an e-mail to kristin.taraldsen@ntnu.no



Aim is to add resources that are:

- Updated/current
- Evidence based
- Well written/provided
- Checked and approved by an expert in the field



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Checklist

- Title (including language)
- Description
 - Content: leaflet, paper, guideline etc
 - FOR whom? /Setting
 - Provided by
 - Evidence?
- Tags
- LINK (URL) / or pdf that can be uploaded



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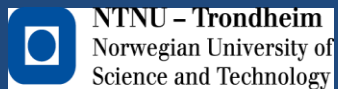


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GUIDELINES [for older workers. Guide to Good Practice \(in Spanish\)](#) [Guide for advice on selection of footwear for older people \(in Spanish\)](#)

Best Practice

Printed Patient Information

Related Websites

Clinical Guidelines

Policy Around EU

Videos

Online Learning

ADD

Search

Search ...

All Languages

All Organisation/Setting

All Professions/Interest

All Resource Types

All Intervention Types

All Additional Tags

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> Guidance for exercise in older people at risk of falls (Wales)

> Ad

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All Intervention Types

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Clinical Guidelines

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Policy Around EU

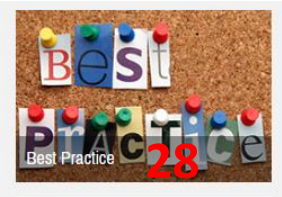
2

Videos

62

Online Learning

15



Papers
 Assessment tools
 Workshop summaries
 etc

Effective exercise for home-dwelling older people (German paper)

This paper provided by the Siches Vorarlberg (Unfällen vorgeugen - gesund leben) explain the e community dwelling older pe ...

March 06, 2015 0 Comments 102 Views

Reliability of the Tinetti Mobility Test (TMS) in the Elderly in Greece

This paper (in Greek) is written by physiotherapist Mrs Eleni Katsakiori, Ass Prof N Agelousis, Prof M Gourgoulis and publis ...

January 29, 2015 0 Comments 102 Views

Workshops summaries from the Stuttgarter Sportkongress (German)

The Stuttgarter Sportkongress provide three summaries from workshops held at this conference. The first task and balance exe ...

January 16, 2015 0 Comments 71 Views

The Aging «Phenomenon» in Greece and the future handling of the health system

This paper (in Greek) is written by physiotherapist Mr John Marmaras and Mrs Evagelia Kentrou and journal, Physiotherapia ...

December 19, 2014 0 Comments 163 Views

ProFouND Falls Awareness Campaign Ideas Pack 2014

ProFouND works closely with the EIP AHA A2 to Disseminate good practice in falls prevention. As part of Falls Prevention Cam ...

July 13, 2014 0 Comments 1678 Views



Leaflets
 Books

Patient Info

Otago strength and balance home exercise programme (for older or more frail older people with poor balance and strength but able to stand)

Dutch	Dutch(Flemish)	English
Finnish	French	German
Greek	Hungarian	Italian
Norwegian	Polish	Spanish
Swedish	Portuguese	Portuguese (South American)

FaME strength and balance home exercise programme (for older people who are younger and a bit more active but still need to improve their strength and balance)

Austrian	Dutch(Flemish)	Dutch
English	French	German
Greek	Hungarian	Italian
Norwegian	Polish	Spanish
Portuguese	Portuguese (South American)	Portuguese

Chair based home exercise programme (for older people who are very unstable and need to improve strength in a seated position first before moving onto the Otago programme)

Austrian	Dutch	Dutch(Flemish)
English	French	German
Greek	Hungarian	Italian
Norwegian	Polish	Spanish
Swedish	Portuguese	Portuguese (South American)

Websites/information portals etc

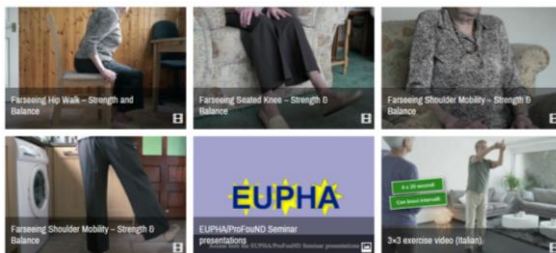


Clinical guidelines

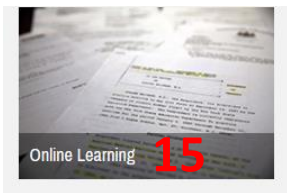




Video clips
Podcasts
Exercise demo's
Training videos
Presentations (videos)



Presentations
Online learning
Research
documents



Group-training in Trondheim (Norway)

Posted by Kirsten Torsheim | Date: February 03, 2014 | In: Online Learning, Resources
Leave a comment | 105 Views | Edit with Visual Composer

In Trondheim seniors can attend exercise groups once a week where the content is based on knowledge from fall prevention research and where the aim is to **maintain** physical function in community dwelling older persons. These groups are run by volunteers trained by the physiotherapists in the Municipality of Trondheim.

Enhet for fysioterapitjenester

Trøndergruppen for seniorer

A paper describing this exercise model and results from assessment of 50 participants is available [here](#).

